

Inaugural Bluegrass 5K Run/Walk

Registration Form

I am registering for the following event (circle one below):

5K Run 5K Walk 5K Team¹ Mile Fun Run Any event training run²

Name (First) _____ (Middle) _____ (Last) _____

Team Name (if applicable) _____

Address _____ Zip Code _____

City _____ State _____

Country _____ Email Address _____

Age on September 20, 2008 (race day) _____ Must have parent/guardian signature if under age 18.

Emergency Contact Name/Relation: _____

Emergency Contact Phone Number: _____

T-shirt Size (circle one) X-Small Small Medium Large X-Large

Registration Fee ³	Registration
\$15/person	5K Run or 5K Walk or 5K Team ¹
\$10/person	Mile Fun Run
\$5/person	Any Event Training Run ²

Signature⁵ _____

Date _____

1. A 5K Team composes of 3-5 members. The top three (3) team member's average time will determine the winner of the team competition.
2. Any person can enter any event as a type of training run or just for fun. This event will allow a person to enter the race, receive a bid number, and be timed by the race officials, and then be a part of the official results and awards. However, a person entering the race in this manner will not receive a t-shirt but may purchase a race t-shirt separately if he or she chooses to do so.
3. On-line registration is available at http://www.active.com/event_detail.cfm?event_id=1599207. Race day registration is available. On-line registration ends at 10:00 pm on Friday, September 19, 2008. The 5K Run/Walk starts at 4:00 pm. The Mile Fun run starts approximately 4:45 pm. Mail-in registration can be sent to James Caleb Hammons, 10 Estates Drive, Flowood, MS 39232. Checks can be made payable to the Town of Polkville.
4. Parent/guardian must sign for walkers and runner under 18 years old. I hereby certify that I am adequately trained and fit to participate in this event. In consideration of the acceptance of this entry, I, the over signed above, for myself, my personal representatives, beneficiaries, and heirs knowingly waive, release and forever discharge all rights and claims which I may hereafter accrue to me or my estate against the Town of Polkville, Town of Polkville representatives, the race directors, all other race coordinators, and other sponsors of this race and assigns for any and all injuries or death suffered by me in this event. I knowingly assume all risk involved in this event. I will allow my picture and comments to be used in telecast, publications, and related news as a result of this event.

Inaugural Bluegrass 5K Run/Walk

Registration Form

Race Registration (packet pick-up) Information

Race day registration will begin at 2:30 pm at the Polkville Park next to the fire station. On-line registration will end at 10:00 pm Friday, September 19, 2008. Packets will be picked up at the Polkville Civic Center. Mail-in registration can be sent to James Caleb Hammons, 10 Estates Drive, Flowood, MS 39232. In-person registration can be dropped off with James Caleb Hammons at your convenience. Both of these types of registration must be received by September 19, 2008. Checks can be made payable to the Town of Polkville. Call for special family or team rates.

Times

The 5K Run/Walk race will begin at 4:00 pm. The Mile Fun Run starts approximately 4:45 pm. Awards start approximately 5:00 pm. Polkville Day 2008 begins at 9:30 am. Come early and enjoy the day! The Music Barn bluegrass festival begins approximately 5:00 pm.

Location

Race participants will be directed to the starting line. Participants may be taken from Polkville Park to the race start line by means of a hayride.

Course Information

Mile markers will be posted and the course is basically flat with a few small hills. The course will begin on Highway 13 heading toward Puckett. The course will head down White Road for an out and back. The course will then cross Highway 13 and enter the Polkville park and finish near the Polkville Fire Department. The course will be clearly marked with paint and cones. One lane of Highway 13 will be temporarily close for this race. Polkville police and local sheriff's officers will be directing traffic.

Awards

Special awards will be given to recognize the overall male, female, male masters, female masters, and team winners. Team awards will be given for the run and walk categories for 1st, 2nd, and 3rd place finishes. Age group awards will also be given to recognize the following age groups: 15 and under, 16-20, 21-26, 27-32, 32-40, 40-50, 50-60, and 60 and over. *Door prizes such as free meals, food, and promotional items will also be given away.*

Food and Hydration

Water stops will be at every mile. Food and water will also be available after the race for race participants.

Race Director Contact Information and Inquiries

James Caleb Hammons

jchammons@polkville.org

(478)542-3978

